

# Physical Education Curriculum and Strategies

**COMPONENT #: 2-011-348**

**POINTS TO BE EARNED: 120 MPP**

## **PART I – PLANNING**

**DESCRIPTION:** Write a brief description of content and intent of component.

This component is designed to enable the participant to research, examine, and implement the current strategies, teaching techniques, and recent trends in the area of physical education.

Upon successful completion of this professional development activity the participant will be able to incorporate into his/her instruction the principles presented in this workshop.

**STANDARDS/FOCUS AREAS ADDRESSED BY COMPONENT:** Identify the standards, national/state/district imperatives, initiatives or key focus areas this component supports.

**Standards for Professional Learning** (choose one)

- |   |  |
|---|--|
| <input type="checkbox"/> Learning Communities | <input type="checkbox"/> Learning Designs          |
| <input type="checkbox"/> Leadership           | <input checked="" type="checkbox"/> Implementation |
| <input type="checkbox"/> Resources            | <input type="checkbox"/> Outcomes                  |
| <input type="checkbox"/> Data                 |  |

**Florida Educator Accomplished Practices** (check all that apply)

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Instructional Design and Lesson Planning | <input checked="" type="checkbox"/> Assessment                           |
| <input checked="" type="checkbox"/> The Learning Environment                 | <input checked="" type="checkbox"/> Continuous Professional Improvement  |
| <input checked="" type="checkbox"/> Instructional Delivery and Facilitation  | <input type="checkbox"/> Professional Responsibility and Ethical Conduct |

**Florida Leadership Standards** (check all that apply)

- |  |  |
|--|--|
| <input type="checkbox"/> Student Learning Results          | <input type="checkbox"/> Decision Making                               |
| <input type="checkbox"/> Student Learning as a Priority    | <input type="checkbox"/> Leadership Development                        |
| <input type="checkbox"/> Instructional Plan Implementation | <input type="checkbox"/> School Management                             |
| <input type="checkbox"/> Faculty Development               | <input type="checkbox"/> Communication                                 |
| <input type="checkbox"/> Learning Environment              | <input checked="" type="checkbox"/> Professional and Ethical Behaviors |

**IPEGS Standards** (check all that apply)

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> PS 2 – Knowledge of Learners                 | <input checked="" type="checkbox"/> PS 6 – Communication        |
| <input checked="" type="checkbox"/> PS 3 – Instructional Planning                | <input checked="" type="checkbox"/> PS 7 – Professionalism      |
| <input checked="" type="checkbox"/> PS 4 – Instructional Delivery and Engagement | <input checked="" type="checkbox"/> PS 8 – Learning Environment |
| <input checked="" type="checkbox"/> PS 5 – Assessment                            |   |

**IMPACT FOCUS AREA(S):** select the intended impact focus area(s) from the choices below. Note that Impact Evaluation procedures should reflect this level of impact.

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Educator knowledge/skill (content) | <input type="checkbox"/> Student learning                  |
| <input checked="" type="checkbox"/> Educator (professional growth)     | <input type="checkbox"/> Organizational support and change |

# Physical Education Curriculum and Strategies

## COMPONENT #: 2-011-348

**SPECIFIC LEARNER OUTCOMES:** Identify the intended learner outcomes (number and content of learner outcomes should be reflective of the total points participants will earn as a result of completing this learning).

1. Identify current research issues and their effect on educational practices.
2. Use the internet as a tool to conduct and study current research issues and developments in the field of physical education and health literacy.
3. Identify data that should be used in planning to implement the research issues and developments studied.
4. List and describe practical applications of using the research in the classroom.
5. Relate the research to the New Florida State Standards.
6. Examine the strategies and techniques for the purpose of adapting the materials to various student achievement levels.
7. Develop activities that integrate technology into the curriculum.
8. Describe three (3) innovative strategies and (3) technological activities appropriate for implementation in a specific job assignment.
9. List and describe practical application for developing student achievement.
10. Examine the strategies and techniques for the purpose of adapting them to various student achievement levels.
11. Identify curriculum resource materials that are designed and constructed to meet the instructional needs in a physical education classroom.
12. Identify one (1) innovative technique, one (1) technological activity and one (1) strategy and describe in writing how each can be adapted to support an identified specific instructional objective as stated in the New Florida State Standards.
13. Discuss the expected impact on student achievement of the research studied.
14. Identify means to assess the impact on student achievement of the research studied.

### PART II – LEARNING

**LEARNING PROCEDURES:** Describe the experiences (the “what”) and formats/methods (the “how”) that will be used to provide participants with the knowledge and skills sufficient to master the intended learner outcome of this component.

1. Participants will have a variety of experiences that will include, but are not limited to the following professional development criteria:
  - Internet/Web based resources
  - Discussion of evidence-based best practices
  - Reflection
  - Collaborative learning activities
  - Review of current research
2. View and participate in classroom issues and strategies in health and physical education (SLO 1-14).
3. Identify practical applications of using research in the classroom (SLO 1-14).
4. Discuss how innovative strategies, techniques, and technological activities can be used to support specific instructional objectives (SLO 1 - 14).
5. Implement class lessons that incorporate a new strategy, technique, material, and technological activity into the participant’s classroom or specific job assignment.

### PART III – IMPLEMENTATION

# Physical Education Curriculum and Strategies

COMPONENT #: 2-011-348

**IMPLEMENTATION PROCEDURES:** Method(s) and resource(s) that will be provided to support implementation of new learning for participants (check all that apply).

- X Apply newly acquired professional knowledge, skills, dispositions, and behaviors to improve practice.
- X Provide sufficient classroom- and school-focused support and assistance by skillful coaches, mentors, or others to the educator to ensure high-fidelity implementation of professional learning.
- X Provide educators with web-based resources and assistance to support implementation of professional learning.

## PART IV – EVALUATION

**IMPACT EVALUATION PROCEDURES:** Describe the processes that will be used to determine the impact (as identified in previous section titled “Impact Focus Areas”). Description should reflect methods for determining at least ONE of those areas, and will include a specific section for each impact focus area identified for this component.

1. Educator Knowledge/skill: Will consist of observation of participants using the identified new skills, techniques and strategies specific in the component objectives, and will also include reflective journals by participants.
2. Educator: Evidence will include classroom walk-throughs, lesson plans and implementation of class lessons, parent communication, surveys and participant portfolios.

**COMPONENT EVALUATION PROCEDURES:** Describe the process(es) that will be used to determine the effectiveness of this component to include design, implementation and impact (check all that apply).

- X Evaluate the impact of all professional learning on educator’s practice through reflection, assessment, collaborative protocols for examining educator practice and work samples, peer visits, and/or professional portfolios.
- X Determine the degree to which educator’s professional learning contributed to student performance gains as measured by classroom assessment data.
- X Use summative and formative data from state or national standardized student achievement measures, when available, or other measures of student learning and behavior such as district achievement tests, progress monitoring, educator-constructed tests, action research results, discipline referrals, and/or portfolios of student work to assess the impact of professional learning.

**Date Approved: 5/20/2014**

**Department:** Physical Education & Health Literacy

**Name of Author/Position:** Mike Bromir - District Supervisor